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How long does the Salt Water Flush take time wise?



Fran asked:

I am planning on doing the master cleanse.

I would prefer to do the salt water flush in the morning instead of evening. However, I have to go to work by 11AM (I wake up at 8AM).

If I drink the salt water mixture at 8AM, how long would I have to, eh-hem, be near the toilet for?

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You can also find this article published on [How long does the Salt Water Flush take time wise?](#), and on the tag pages [Drink Water](#), [how long does the salt water flush take](#), [how long does the salt water flush take time wise](#), [Master Cleanse](#), [Salt Water](#), [Salt Water Flush](#), [salt water mixture](#), [Toilet](#), [water](#), [Water Mixture](#).