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What Are the Best Drinking Water Filter Systems to Purify Your Water?



Drinking Water...Donald Spencer asked:

Using your home kitchen faucet for drinking water may not be so wise anymore, according to studies done by the Natural Resources Defense Council. The NRDC has tested drinking water from home faucets and public water fountains from over 19 U.S. cities.

They discovered that chemical run-off, out-dated plumbing, and pollution have contaminated all of those public systems. There are so many chemicals and other materials in public water systems that you can actually risk your and your family's health. What we used to take for granted has now been labeled as harmful.

The list of contaminants in unsafe levels in your drinking water may include: lead, mercury, copper, aluminum, pesticides/herbicides (from industrial farming run-off), purification by-products such as chlorine, arsenic, radon and other carcinogens, and even microorganisms like Giardia Lamblia, a parasite which can cause serious illnesses. Not all of these may be present in your public water system, but wouldn't it be wise not to take any chances?

Healthy water means healthy individuals and families, not to mention a better taste. A faucet filter or drinking water system is a sound answer to this growing contaminated water problem. There are many systems to choose from, and making an informed decision is paramount to a healthy life and a good sense of well-being. We will discuss the variety of drinking water filter systems to provide you with the information you need to make that informed decision with confidence.

On-faucet Filtration

These simple to install water filter systems force the tap water through a dense carbon block. The carbon has microscopic channels and holes that trap bacteria, chemicals and other harmful materials, and odors. Some of these convenient faucet filters have an indicator to let you know when it is time to change the filter. There is a switch or lever on the side of the unit that you either turn or press to get the water flowing through the carbon block. As the water is forced through the block it is constantly filtered. The downside to this system is that they can get in the way if your sink is small, or you use your sink for many other projects that require more room, but

the advances in the filtering technology are redesigning these systems to be smaller. Also, the water flow may be much slower than the unfiltered flow, but the results are a clean, fresh and safe glass of good-tasting water.

Countertop Filters Systems

These systems usually have a cartridge that you change once to twice a year. They are high-performance systems and most are easy to install. They usually incorporate a high-density ceramic filter rather than a carbon, which filters even smaller particles, and can be used in conjunction with carbon to eliminate odors. If you have the counter space, this may be the choice for you.

Under Sink Filtration Systems

These systems do not take up much under-sink space, and they can provide a higher flow volume than the countertop or faucet filter. They attach easily and have a cartridge replacement system.

As you can see, there are good selections of water filtration systems that can give you peace of mind when you or your family need a glass of safe, drinkable and great tasting water. There are a variety of prices and brands, models, and even colors. These drinking water filter systems, even the smallest faucet filter, can save hundreds of dollars a year in comparison to buying harmful plastic bottled water. The important thing to remember is the quality of life in your household. Shouldn't risks from drinking from the tap be something we don't have to worry about?

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Drinking Water

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